



**Locate the following parts on Diagram 1**

- Gimbal and Grip.** *The shape of the JR is designed to stabilize the system by placing its center-of-gravity below the camera—in fact, just below the center of the Gimbal. The Gimbal won't permit any angular force to pass through it, so it doesn't matter if your hand shakes while holding the Grip, which is below the Gimbal and thus isolated from the camera.*
- Just above the Gimbal is the **Guide**, the small surface you use to aim the JR. Since your "gripping hand" does all the work in supporting the JR, your "guiding" hand can retain the extremely light touch necessary to aim the camera without transmitting the shakes.*
- The camera will be mounted to the **Stage**. The **trim controls** on the Stage make it possible to tune the balance of the system so that it is poised level on the Gimbal, but is ever-so-slightly bottom heavy.*
- The **Monitor** allows you to see what you're shooting without your eye at the viewfinder, which would transmit additional motion to the camera, and restrict your freedom to move it around with your arms.*
- Finally, the **Upper Spar** and **Lower Spar** distribute the mass of the system and place the Monitor in a comfortable viewing position.*

The combination of these elements works surprisingly well, and we hope you enjoy the JR as much as we do. Once you are good at it, you can make your way through almost any shooting situation without much fanfare, and end up with wonderful shots.